



James Graham Brown Cancer Center

Survivorship Care at the Brown Cancer Center

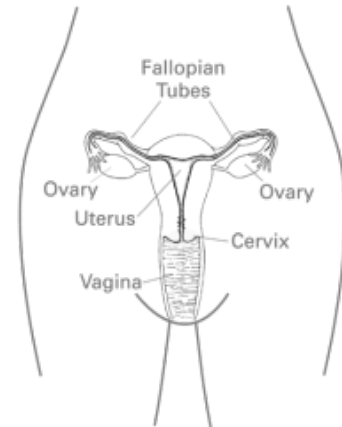
We are all survivors from day one and beyond

September is Gynecologic Cancer Awareness Month

The Center for Disease Control and Prevention estimates there are nearly 80,000 women diagnosed each year with a gynecologic cancer. Established in 1999 by the Foundation for Women's Cancer, Gynecologic Cancer Awareness Month aims to draw attention about gynecologic cancers and provide the women with vital information on risk, warning signs and prevention strategies.

Gynecologic cancers are those that develop in a woman's reproductive tract. These include: cervical, ovarian, uterine, vaginal and vulvar cancers. There are different risk factors for each cancer. It is important for women to be aware of the types of gynecological cancers, symptoms and potential warning signs to watch out for and screening and prevention strategies.

Female Reproductive Organs



Know your risk factors and signs

Uterine: Age (50 and older), obesity, taking estrogen alone as a hormone replacement, family history. Be aware of abnormal discharge or bleeding and/or pain and pressure in the pelvic area.

Ovarian: Watch for abnormal abdominal bloating, abdominal pain or pressure and feeling full quickly. For women who experience the above or who are at high risk due to a family history of breast, ovarian or colorectal cancer a further work-up is encouraged.

Cervical: There may be no symptoms in the early stages which is why regular screening is important. Getting HPV vaccination before 26, routine Pap smears, practicing safe sex, and no smoking. Later stages include abnormal vaginal discharge, bleeding or pain during intercourse.

Vaginal and Vulvar: Signs include HPV infection, smoking, increased age (50 and older), HIV positive and immune suppressed conditions. Symptoms include chronic itching, skin discoloration, bumps or lumps, pelvic pain, abnormal bleeding/discharge, and open sores or ulcers.

-Jennifer Ramsey, DNP, APRN, WHNP-BC



September is Leukemia and Lymphoma Awareness Month

Leukemia is a disease of the bone marrow. Leukemia begins in a cell in the bone marrow. **Lymphoma** is the name for a group of blood cancers that develop in the lymphatic system. The two main types are Hodgkin lymphoma and non-Hodgkin lymphoma (NHL). Some signs/symptoms of leukemia and lymphoma are fevers, drenching night sweats, unintentional weight loss, fatigue, headache, body aches, bleeding and swollen lymph nodes. These diseases have symptoms associated with them that sometimes can be associated with the cold or flu. **The key for identification is... symptoms for these diseases do not go away.**

Light the Night Walk
Louisville Slugger Field, 401 East Main Street, Louisville, KY
September 23, 2017 at 5:00

The “Light the Night Walk” is put on every year to benefit the Leukemia and Lymphoma Society. The mission of Leukemia and Lymphoma Society is to cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families. You can register for this walk on their website page, <http://www.lls.org>. “The Leukemia and Lymphoma Society exists to find cures and ensure access to treatments for blood cancer patients. They are the voice for all blood cancer patients and they work to ensure access to treatments for all blood cancer patients.”

The Blood and Bone Marrow Transplant Division provides a map to treat Leukemia and Lymphoma and can offer many treatment paths. We have recently been deemed “**Center of Excellence**” by a variety of insurance plans. The BMT clinic has recently moved to the Ambulatory Care Building on the 3rd floor. The new number is (502)562-4543. With two highly trained doctors; Dr. William Tse, MD and Dr. Maxwell Krem, MD ,PhD and eight midlevel providers; Brian Gackenbach FNP, Elaine Courtney PA, Hannah Butler FNP, Alexandria Salois FNP, Ashley Probus FNP, Paige Walton FNP, Stephanie Ford FNP, and Juli Evers FNP, we look forward to helping you along your journey from start to finish.

-Alexandria Salois, FNP, BMT

Five Questions with Dr. Erin Medlin

1. How long have you worked at the Brown Cancer Center?

I started working at the BCC in August 2016. Recently celebrated one year at the BCC!

2. What is your favorite thing about working here?

Hands down all of the dedicated staff that make the lives of our patients better. They go above and beyond to provide the best care for our patients!

3. What do you want our patients to know about the Brown Cancer Center?

That there are a lot of exciting things going on at the BCC! We have clinical trials that allow patients access to new and promising therapies, multi-specialty clinics that provide comprehensive care, exciting research and amazing people!

4. What is your favorite college team to cheer on?

Born and bred Ohio State Buckeye!

5. What is your favorite junk food?

Ice cream!



September is also childhood cancer, thyroid cancer and prostate cancer awareness month