

2017 Kentucky State Fair

Daily Schedule

Daily offerings

Mammogram screenings: 9am-5pm each day

Kentucky Cancer Program education, prevention and survivorship information

Vascular Screenings: Carotid artery and ankle brachial index

Thursday, August 17

Mammogram screenings: 9am-5pm

Prostate Cancer Screenings: 9am-5:30pm

Vascular Screenings: Carotid artery and ankle brachial index

Hands-Only CPR demos: 10am-3pm

Coronary Artery Disease screenings: 9am-5pm

Kentucky Cancer Program education, prevention and survivorship information

UofL Hospital Center for Women and Infants

UofL Physicians OB/GYN & Women's Health (REI, Midwife Program, UROGYN, Prenatal Centering, Family Planning)

Friday, August 18

Mammogram screenings: 9am-5pm

Prostate Cancer Screenings: 9am-5:30pm

Vascular Screenings: Carotid artery and ankle brachial index

"Stop the Bleed" Demos with UofL Hospital Trauma Center

Head and Neck Cancer Screenings: 9am-2pm

UofL Hospital Center for Women and Infants

Kentucky Cancer Program education, prevention and survivorship information

UofL Physicians OB/GYN & Women's Health (REI, Midwife Program, UROGYN, Prenatal Centering, Family Planning)

Saturday, August 19

Mammogram screenings: 9am-5pm

Prostate Cancer Screenings: 9am-5:30pm

Vascular Screenings: Carotid artery and ankle brachial index

UofL Hospital Center for Women and Infants

Kentucky Cancer Program education, prevention and survivorship information

UofL Physicians Department of Pediatrics – hearing and vision tests; education

UofL Physicians OB/GYN & Women's Health (REI, Midwife Program, UROGYN, Prenatal Centering, Family Planning)

Sunday, August 20

Mammogram screenings: 9am-5pm

Prostate Cancer Screenings: 9am-5:30pm

Vascular Screenings: Carotid artery and ankle brachial index

UofL Hospital Center for Women and Infants

Kentucky Cancer Program education, prevention and survivorship information

Monday, August 21

Mammogram screenings: 9am-5pm

Vascular Screenings: Carotid artery and ankle brachial index

Colon Cancer Education and Screening: FIT Kits available to those who qualify

Kentucky Cancer Program education, prevention and survivorship information

UofL Physicians OB/GYN & Women's Health (REI, Midwife Program, UROGYN, Prenatal Centering, Family Planning)

Tuesday, August 22: Senior Day

Mammogram screenings: 9am-5pm

Vascular Screenings: Carotid artery and ankle brachial index

Colon Cancer Education and Screening: FIT Kits available to those who qualify

Falls prevention – UofL Hospital Trauma Center

Stroke: Blood pressure screenings, stroke risk assessments – UofL Hospital Stroke Center

Ask the Pharmacist – UofL Hospital Pharmacy

Volunteer Services – UofL Hospital and UofL Brown Cancer Center

UofL Physicians OB/GYN & Women's Health (REI, Midwife Program, UROGYN, Prenatal Centering, Family Planning)

Wednesday, August 23

Mammogram screenings: 9am-5pm

Vascular Screenings: Carotid artery and ankle brachial index

Colon Cancer Education and Screening: FIT Kits available to those who qualify

Fire Safety and Burn Care – UofL Hospital Burn Unit

Kentucky Cancer Program education, prevention and survivorship information

UofL Physicians Diabetes and Obesity Center

UofL Physicians OB/GYN & Women's Health (REI, Midwife Program, UROGYN, Prenatal Centering, Family Planning)

Thursday, August 24

Mammogram screenings: 9am-5pm

Vascular Screenings: Carotid artery and ankle brachial index

Carbon Monoxide Screening

Colon Cancer Education and Screening: FIT Kits available to those who qualify

UofL Hospital Center for Women and Infants

Reiki information and demonstrations; Cancer Resources – M Krista Loyd Resource Center

Hand Hygiene and Vaccination information – UofL Hospital Infection Control

Kentucky Cancer Program education, prevention and survivorship information

UofL Physicians OB/GYN & Women's Health (REI, Midwife Program, UROGYN, Prenatal Centering, Family Planning)

Friday, August 25

Mammogram screenings: 9am-5pm

Vascular Screenings: Carotid artery and ankle brachial index

Carbon Monoxide Screening

Colon Cancer Education and Screening: FIT Kits available to those who qualify

UofL Hospital Center for Women and Infants

Kentucky Cancer Program education, prevention and survivorship information

UofL Physicians OB/GYN & Women's Health (REI, Midwife Program, UROGYN, Prenatal Centering, Family Planning)

Saturday, August 26

Mammogram screenings: 9am-5pm

Vascular Screenings: Carotid artery and ankle brachial index

Trauma prevention – UofL Hospital Trauma Center

Stroke: Blood pressure screenings, stroke risk assessments – UofL Hospital Stroke Center (10am-1pm)

Carbon Monoxide Screening

Colon Cancer Education and Screening: FIT Kits available to those who qualify

Center for Women and Infants

Kentucky Cancer Program education, prevention and survivorship information

UofL Physicians OB/GYN & Women's Health (REI, Midwife Program, UROGYN, Prenatal Centering, Family Planning)

Sunday, August 27

Mammogram screenings: 9am-5pm

Vascular Screenings: Carotid artery and ankle brachial index

Carbon Monoxide Screening

Colon Cancer Education and Screening: FIT Kits available to those who qualify

UofL Hospital Center for Women and Infants

Kentucky Cancer Program education, prevention and survivorship information

UofL Brown Cancer Center/KCP Mammogram Screenings

For more than 25 years, UofL Brown Cancer Center's mobile cancer screening van has been removing access barriers by reaching women in their community, church, school, place of business – **and at the Kentucky State Fair**, providing screening mammography and saving lives.

Completing your mammogram screening is key to maintaining your overall health and wellness.

To qualify for a screening mammogram on the mobile unit, a woman must:

Be 40 years of age or older

NOT be having any current, active breast problems

NOT be pregnant or breastfeeding

Not have breast implants

Have not had a mammogram in the last 12 months

Have a physician to whom the results can be sent

We accept insurance – but must have your insurance card and photo ID.

Yearly mammograms are covered by Medicare and most insurance companies for women older than 40.

Special discounted rates are available to those without insurance.

UofL Hospital Burn Unit

Spin the prize wheel to learn about fire safety and burn care from the region's only adult burn unit. See their "smoking house" – an educational tool to show you how to keep your house safe.

UofL Hospital Center for Women and Infants

The Center for Women and Infants at University of Louisville Hospital was created by leaders in the field of maternal-fetal medicine, high-risk obstetrics and gynecology to achieve the best results possible for newborns and their mothers. We specialize in both high-risk obstetrics and general maternity services, which makes us the perfect choice for all expecting mothers. Other services include Kangaroo Care, Beautiful Beginnings Classes and a Lactation Center.

Carbon Monoxide Screening

The Carbon Monoxide breath test shows the amount of carbon monoxide in the lungs and blood. This is an indirect, non-invasive measure of blood Carboxyhemoglobin, which is the level of CO in your blood. Breath CO also acts as an indicator of the levels of some 7000 toxic substances present in cigarette smoke, approximately 69 of which are known to cause cancer.

Those interested in this screening will be asked to blow into a small handheld device for several second. Results are immediate.

Colon Cancer Screenings with Fit Kits

Available for anyone over the age of 50 who has not had a colonoscopy within the last 10 years or a stool test in the last year. A free, take-home testing kit for colon cancer will be available for men and women 50 and older, younger if high risk, such as a history of cancer in you or close family. The participant will complete the collection of the stool at home, and then send it to the hospital in special packaging provided for testing. The process of the screening is explained after all paper work is completed.

The entire process will take 15-20 minutes.

Coronary Artery Disease (CAD) Screenings

This simple blood test is ideal for those individuals with a family history of heart disease, high blood pressure, shortness of breath, back pain, fatigue, heartburn and/or high cholesterol. The Corus test measures to see if you have any blockages (stenosis) in your coronary arteries. It has a negative predictive value of 96% and is covered on all Medicare, Aetna and Passport health plans. Participants will receive their results via mail within two weeks.

Hands-Only CPR

Cardiac Arrest occurs when someone's heart stops beating. You can save their life by performing hands-only CPR. There are two simple steps if you see someone collapse and they are not responding: 1) call 911, and 2) push hard and fast in the center of the chest. Push to the beat of the song "Stayin' Alive," 100 times per minute.

For every minute delay in starting CPR, a person's chance of survival decreases by 10%! And the majority (70%) of cardiac arrests occur in the home. That means you can save a loved one's life by learning and performing hands-only CPR.

Jefferson County, KY has some of the lowest rates of bystander CPR compared to other areas around the nation. You never know when you might be called upon to respond to a medical emergency, so knowing CPR could literally mean the difference between life and death for someone you love.

UofL Brown Cancer Center Head and Neck Cancer Screenings

The Oral Head & Neck Cancer exam is painless and quick - it only takes a few minutes. During this exam the doctor will inspect your face, neck, lips and mouth. If you wear dentures you will be asked to remove these during the exam. The doctor will feel the area under your jaw and the sides of your neck, checking for unusual lumps. Next they will have you stick out your tongue to check for swelling or abnormal color or texture. The underside of your tongue will also be checked. In addition, the roof and floor of your mouth as well as the back of the throat will be checked. Then they will look at and feel the insides of your lips and cheeks to check for possible signs of cancer, such as red and/or white patches. This all takes about 10 minutes.

UofL Hospital Infection Control

UofL Hospital's Infection Control Department will be providing information on the importance of hand hygiene in preventing the spread of disease, the benefits of getting your annual Influenza (Flu) vaccination and information on antibiotic usage (when you need them and when you don't). It'll be a smorgasbord of infection prevention fun facts!

Kentucky Cancer Program – Education, Prevention and Survivorship Information

The Kentucky Cancer Program is a statewide cancer prevention and control program affiliated with the University of Louisville/Brown Cancer Center. At the heart of KCP, is the engagement and collaboration of local organizations, providers and partners in planning, implementing and evaluating cancer prevention and control activities. These partnerships propel our mission to reduce cancer incidence and mortality through education, research, and service programs. Delivery of these services is provided by regional cancer control specialists serving all 120 counties in Kentucky.

UofL Brown Cancer Center M Krista Loyd Resource Center

The M Krista Loyd Resource Center was created to provide a peaceful environment for cancer patients and family members to learn, relax and heal emotionally. You'll be connected to a wealth of support group and free services that can help in your healing process such as: art therapy, chemotherapy education, cosmetic demonstrations program, head and neck support group, image lab, journaling: writing to cancer, massage therapy, nutrition education counseling, reiki therapy and more. For more information call us at 502.562.4158 or visit us online at UofLBrownCancerCenter.org

Reiki

Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by "laying on hands" and is based on the idea that an unseen "life force energy" flows through us and is what causes us to be alive. If one's "life force energy" is low, then we are more likely to get sick or feel stress, and if it is high, we are more capable of being happy and healthy.

UofL Hospital Pharmacy

Come and speak with our outpatient pharmacists from UofL hospital. They will be sharing with you information about diabetes, vaccinations, pharmacy services available from UofL. Bring with you questions about your medications and we will answer them for you.

Prostate Screenings

For men with average risk, is recommended starting at age 50. If you are African American or have a brother, father or son who had prostate cancer before the age of 65, you should start screening at 45. Talk with your doctor about the pros and cons of prostate cancer testing.

Testing will involve a Prostate Specific Antigen Blood test (PSA) that involves taking a small sample of blood. A Digital Rectal Exam performed by a physician to feel for any lumps, bumps or abnormalities. The results of the PSA will be mailed to the patient in about two weeks after the fair.

The entire process will take about 15-20 minutes including completing the paper work.

UofL Hospital Comprehensive Stroke Center

As the first certified Comprehensive Stroke Center in Kentucky, the UofL Hospital Stroke Center is committed to providing education on the warning signs and risk factors for stroke.

We will be offering free blood pressure screenings and stroke risk assessments as well as our prize wheel plus other information.

UofL Hospital Trauma Center

As the region's only Level I Trauma Center and the first in the nation, the UofL Trauma Center is committed to educating our community on trauma prevention.

Using recommendations from a nationwide campaign, "Stop the Bleed," we will be educating and empowering individuals on to act quickly and save lives. A person who is bleeding can die from blood loss within five minutes. That is why it is important that bystanders know how to intervene.

In addition, we will be offering hands-on education for falls prevention with our demo room, which contains items that represent a potential fall hazard and how to avoid that hazard in your home.

UofL Physicians: Diabetes and Obesity Center

The ULP Diabetes and Obesity Center will be offering a screening for prediabetes/diabetes on Wednesday, August 23, 2017 at the Kentucky State Fair from 9am-5pm. The screening requires a finger stick and the participant does not need to be fasting.

UofL Physicians: Department of Pediatrics

Every child needs a doctor to see them through the milestones and hurdles of childhood. Our pediatricians are uniquely prepared to help families with that journey.

The doctors of UofL Pediatrics are advocates for children, committed to providing excellent care to every child from birth through 18 years of age.

UofL Physicians: OB/GYN & Women's Health

UROGYN

University of Louisville Physicians-Female Pelvic Medicine & Reconstructive Surgery treats women with pelvic floor disorders, such as incontinence (urinary or fecal) and prolapse (bulging or falling) of the vagina, bladder or uterus. UofL Physicians offers a complete diagnostic evaluation of your condition and a variety of treatment options from drug and physical therapies to surgery, including a vaginal surgical approach using less invasive options, such as advanced laparoscopy/robotic surgical reconstructive procedures.

REI

- The Fertility Center has a long history of a successful fertility practice.
- Our university pioneered the first such program in the Midwest in 1984, making us one of the oldest and most experienced in the region.
- Our program serves as an accredited training center for Reproductive Endocrinology and Infertility (REI) sub-specialists.
- Since its inception, our fertility center has offered comprehensive assisted reproduction services to support our patients in their desire to build their family.
- Our specialists have over three decades of experience and have helped patients conceive and deliver thousands of healthy babies.

Midwife Program

Midwives give expectant families more choices in the birth experience, empowering women to be even more a part of the decision-making process surrounding their labor and delivery. Midwives encourage women to become active participants in their health care and learn more about the full range of options for their women's health care needs. Our Certified Nurse-Midwives stand by you in tailoring the birthing experience you want. From preconception to taking your sweet bundle home for the first time, our nurse-midwives give guidance throughout the entire process. Certified Nurse-Midwives, known as "CNMs," are highly skilled advanced practice nurses with specialized training in delivering babies and providing prenatal and postpartum care to women. They are closely involved with mothers during labor and delivery, and will stay with the mother during the entire labor process

Family Planning

Our compassionate, competent physicians and staff provide comprehensive contraception counseling and services, miscarriage management for pregnancy loss and termination of pregnancy counseling and care for women with medical complications. We provide all birth control options, ranging from IUDs (intrauterine devices), oral contraceptives (the pill), implants, natural family planning counseling, permanent sterilization choices, and contraceptive services for peri-menopausal women and those who have medical conditions and need to delay pregnancy. For patients who qualify, financial assistance is available through the Ryan Family Planning Center to cover a long-acting reversible contraception (LARC) method, such as the hormonal intrauterine device Mirena[®], the nonhormonal intrauterine device ParaGard[®], and the subdermal contraceptive implant Implanon[®] and Nexplanon[®]. Shorter-acting methods include the injectable Depo-Provera[®].

Centering

UofL Physicians – OB/GYN and Women's Health is now offering Centering Prenatal Care, a model of group care that has been shown to improve outcomes, conserve resources and be just plain fun. Women enter Centering groups at 16-20 weeks, after having had their first few visits in our office. Each visit lasts two hours and includes individual assessment as well as group discussion—and snacks! Ideally groups have eight to 10 women involved. Group members come straight to the Centering Room on the second floor of the ACB bridge. Music is playing and snacks are ready. There are worksheets to consider as we gather. Group members take their blood pressure and weigh themselves. Then there is a brief individual time with the provider behind a divider where we do tummy checks and listen to the fetal heart. The remainder of the time is spent as a group discussing issues relevant to pregnancy—nutrition, common discomforts, breastfeeding, labor, pain management in labor, infant care. For some sessions, resource people join us. We take a field trip to labor and delivery in one session.

UofL Physicians: Vascular Screenings: Carotid Artery Ultrasound Screenings

This screening is ideal for anyone with dizziness, ringing in the ears, or anyone with a family history of carotid artery disease, as well as anyone who is a smoker, has high blood pressure, high cholesterol, diabetes, or anyone over the age of 50.

- You will be positioned on your back on a stretcher
- A Registered Vascular Technologist will apply a small amount of ultrasound gel on both sides of your neck
- Using an ultrasound transducer, the Technologist will visualize the arteries that supply blood flow to your brain and then calculate a percentage of how much blockage is present

University of Louisville Physicians: Vascular Screenings: Ankle-Brachial Index Screenings

This screening is ideal for anyone with leg pain when walking or resting, or anyone with a family history of peripheral arterial disease, as well as anyone who is a smoker, has high blood pressure, high cholesterol, diabetes, or anyone over the age of 50.

- You will be positioned on your back on a stretcher
- You will be asked to remove your shoes and socks
- A Registered Vascular Technologist will place blood pressure cuffs on your arm and ankles
- The Technologist will listen to your pulses and obtain blood pressures from your arm and ankles and then calculate a percentage of how much blood flow is being supplied to your feet

UofL Hospital Volunteer Services

If you are looking for a unique opportunity to serve others, and at the same time make new friends and learn new skills, consider volunteering for UofL Hospital and UofL Brown Cancer Center. As a volunteer, you can enjoy a genuine sense of satisfaction from helping others and take pride in being actively involved in a meaningful service. Each year our volunteers contribute tens of thousands of hours helping us provide high quality care to our patients and community. They bring cheerful smiles and an unhurried pleasantness to our patients, their families, friends, our physicians and staff.

We have many opportunities which include:

- Information Desk
- Greeters
- Emergency Department
- Patient Escort Service
- Transports
- Surgery Waiting Areas
- Radiology Waiting Area
- Pastoral Care Services
- Clerical
- Special Projects

If you are interested in becoming a volunteer, please speak with our team on Tuesday, August 22, or visit us online at <http://uoflhospital.org/volunteer-information>